

Stop ulcers when you help **Save 10,000 Soles!**

It's the best gift you can give this Christmas...

Your \$15 gift can literally help save soles like Minu's. She had a terrible ulcer on her foot due to leprosy.

For someone like Minu, a pair of protective shoes is a fabulous gift. Will you help Save 10,000 Soles this Christmas? It costs just \$15!

That small sum can help prevent the type of large ulcer that kept Minu in Anandaban Hospital for a month. As well as Multi Drug Therapy to cure leprosy, she needed two corrective surgeries and lots of rest.

In Anandaban's Self-Care Unit, Minu learned how to care for her

leprosy-affected feet. She knew how to soak them, clean them and prevent ulcers. So she returned to work as a housemaid.

to manage the effects of

leprosy.

But although she did her best to care for her feet, the ulcers kept coming back.

Minu needed protective shoes. She received a pair with a special inner



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take pressure off the area where ulcers tend to form.

For just \$15, you can give the gift of shoes to someone like Minu!

Why are protective shoes so important?

If you tread on sticks or stones while working in the field, normally the pain would make you check your foot.

But when you develop leprosy, it's common to lose sensation in your feet. This means you cannot feel pain when you step on something sharp, get too close to a fire or injure your foot in any other way.

The result for your feet can be terrible gaping ulcers. Like the ones Minu had. If left untreated, she could have lost the ability to walk... or even needed to have her feet amputated.

Minu is delighted with the gift of shoes which will help save her soles from ulcers. "Thank you very much. I am so happy... now I feel my leprosy is not so bad!"







Soles Saved – thanks to you!

Last year, you saved thousands of soles. Here are a few of them.



Indra's feet don't have to bleed any longer, thanks to you!

Meet Indra

When Indra worked in the field, his feet would bleed but he would feel nothing. So his ulcers worsened. But with a new pair of protective shoes, he can keep his feet safe from injury.

Indra may not feel pain in his feet, but the devastating effects of leprosy have 'pained his heart' his whole life. His family and friends rejected him. But the support he received from people like you now warms his heart.

Meet Kunti

She was planting rice one day when she realised she had lost all sensation in her left foot.

A bad ulcer developed.

At Anandaban's Self-Care Unit, she learned how to prevent ulcers and care for her feet. Best of all, she received a pair of protective shoes. "Even though I don't have any feeling in my left foot, I haven't had any further ulcers." Praise God!



Because of you, no more ulcers for Kunti with this simple pair of shoes.



Dil says a big thank you for saving his soles.

Meet Dil

He has no feeling in his hands and feet. They blistered from the fire when he could not feel the heat from the flames. Then ulcers formed on his feet as he worked barefoot as a shepherd.

His new shoes will help prevent more ulcers in future. "Thank you, you have helped me a lot."

Thank you for buying protective shoes this Christmas for a person with leprosy-affected feet.

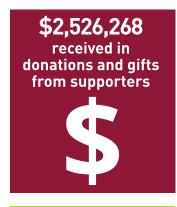
Only \$15!

Photos by Daniel Christiansz Photography









Thank you! Your generosity has helped change lives in many ways during 2016-17











